

# A MODEL FOR REFLECTIVE PRACTICE GROUPS

Deepening learning, building peer connection

## BUILD TRUST & SAFETY

Encourage open & honest sharing & talk about how best to do this

## ENGAGE HEADS & HEARTS

Make space both for feelings & sense-making

## LINK WITH ORGANIZATIONAL SUPPORT

Involve service heads in set-up & review, while keeping group a safe & separate space



# Heads & Hearts

## MAKE SPACE FOR INDIVIDUALITY

Attend to depth & detail of individual experiences, respecting difference & diversity

## THINK OUTSIDE THE BOX

Reconnect with intuitive wisdom & creative resources, alongside established knowledge base

## STRENGTHEN PEER CONNECTION

Nurture group relationships & confidence in sharing experiences & learning from each other

